



DECEMBER 2023

This issue:

LAKE LESCHENAULTIA

COCKTAILS & JAFFLES

HEADING HOME FROM
EYRE PENINSULA

UPCOMING TRIPS
& MORE!

Karl's Farewell Beach Run

5 November 2023

David Peck

Long-time member Karl had made a request to do a final beach trip with the club before going into palliative care. Joy stepped up to lead the trip which was put together on short notice and even offered to give Karl a lift.

We all met at the BP Southbound on Forest highway and ended up with 11 cars and 18 people which was a really good turnout. Karl was so happy to see everybody. Heading south we drove past some still smouldering fires north of Mandurah at a reduced speed before turning into Preston Beach. We let the tyre pressures down to about 15 psi (some did 12 psi), and Karl moved to David's diesel Forester to drive it on the beach.

See inside for more details





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JOY UNNO

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ROB GRIFFITHS

President's Report

Deborah Thyne



Firstly, I would like to thank the outgoing committee members who have provided valuable input and support for the club in the past year. As the incoming President I would like to welcome the new Committee. Rob Griffiths as Treasurer, and thank him for backfilling the position for the past few months. Joy continues in the Secretary position doing a great job of keeping us all on track! Vanessa and 'co-drivers' Greg and now with Mary as magazine editors publishing a quality magazine for our enjoyment each month. To keep the magazine running smoothly please submit trip reports and photos in a timely manner after each trip. I will be asking Vanessa to take members through the process of how to submit trip reports and photos that makes her job as editor easier. Interesting articles, camping recipes and any other handy tips are welcome for the magazine.

Adrian continues doing a great job as Trips Coordinator. The committee would like to draw on membership interests, expertise and knowledge to plan social events and trips be they day, weekend or longer trips. Where have you always wanted to go?! Please let Adrian or any member of the committee know and we can make it happen. We welcome Mary Roberts as the incoming Social Coordinator. Thanks to returning committee members Ross, and a special welcome to new committee members Susan and Uta.

At the AGM a nomination for 5th Committee member was not received and this will be open for nomination at the December General Meeting. Please consider nominating for this vacant position.

As always, a big thank you to club Webmasters Rob Griffiths and Jim Wilcox who maintain the club's great website.

I thank the people who undertake roles in a non-Committee capacity such as Keith Low and Adrian, club representatives at the 4WD Association, Joy as Environmental Officer and Graeme as Membership Co-ordinator.

If not already, I encourage you to renew your membership please as they are now overdue.

I look forward to catching up at the Christmas Gathering at Tomato Lake in Belmont (Kewdale) on Saturday 2nd December. You can either pop in for a quick chat or stay a little while and bring your morning tea, lunch or afternoon tea and enjoy the company of fellow club members.

Wishing everyone a Merry Christmas and a safe and happy New Year.

Regards Deborah Thyne



Looking for a quick and easy recipe to make for a Christmas function or wrap in pretty cellophane with a bow for a present?

Or, from my experience this is a hit when sharing on club trips!

Let me know how you go, Deb.

Coconut Rough

1 ¼ cups shredded coconut

400gm milk chocolate broken to pieces

395gm tin condensed milk

Gently grill or toss coconut in a frying pan to toast. Keep it moving so as not to burn

Grease and fully line a 20cm square cake tin

Gently heat chocolate and condensed milk together stirring until smooth.

This can be done in a saucepan or in short bursts in a bowl in the microwave

Add 1 cup of the toasted coconut and mix

Pour into tin and sprinkle remaining coconut on top.

If in a hurry I add all coconut to the mixture

Put in fridge and when set cut into small squares

Tip: Always stir melted chocolate with a dry, metal spoon.

Moisture in a wooden spoon will seize the mixture.



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Cover Story

Karl's Beach Run

David Peck

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Meet Up



Karl Driving



Morning Tea lineup



Uta & Karl

There wasn't much traffic on the beach as we headed south, and Karl soon remembered the tricks for driving on sand. We drove for a while and stopped for morning tea, parking either nose or tail towards the water on a slight slope of the beach. It was a bit cooler today, at 22 degrees, and the wind was a light north westerly. Karl and Uta braved the chilly water and went for a swim, Daniel tried fishing, without any success, and the rest of us lazed on the beach.



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We decided to move further south for lunch and most of the convoy had headed off but unfortunately, as Karl was a bit tired after his swim, they got stuck, which meant David volunteered to do the trip report (as it was his car). David dropped the tyre pressures a bit more, the Maxtrax were deployed, Ross, Graeme and Tony did a bit of digging and we were soon back on the move.



When we stopped just north of Myalup for lunch we all parked nose to tail to reduce the chance of any other bogging. A circle of chairs soon appeared, and we relaxed with lunch and a great view of the beach and ocean. All too soon it was time to leave so we left the beach and reinflated the tyres in the Myalup car park.



Lunch Lazing

[\(Story continues over page\)](#)

Karl at Lunch



Karl kindly offered to buy everyone an ice-cream, so we made beeline for the shop and gave the shop keeper a bit of a surprise with the bulk buy. Thank you, Karl!

We said a sad farewell to Karl, who was getting a lift home with Joy, and made our own way home. However, Karl was not sad, he was very happy, and said to Joy that he had the best fun on the Beach Run. He loved being with his Subaru friends, driving on the sand, swimming, or just sitting and chatting. It was a great day out for him.



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Lake Leschenaultia Lolling

15 October 2023

Deb Thyne



Despite being Spring, the temperature was forecast to be in the 30's as we drove out to Lake Leschenaultia near Chidlow. As trip leader, Joy travelled with Chris and I and it was good to have a catch up on the way. It took us an hour and the temperature was sitting at a reasonable 20 degrees on arrival. The carpark was already fairly full but our group found a picnic table in perfect shade to enjoy a shared morning tea. A Ring-necked Parrot came round to clean up any crumbs and had to be discouraged from flying up to the table top to sample Deb's delicious Lemon Cup-cakes. Many arrivals were heading into the water with canoes, stand up paddle boards or just swimming.



After enjoying a lovely morning tea we packed up the food and started our walk around the lake. Joy gave us all a laminated sheet that assisted us to identify flowers and wildlife to be seen on the walk. We very soon came across some ducks referred to as 'Maned Ducks' because of the crop of feathers on the top of their heads. Despite early warm temperatures and a controlled burn there were still many wildflowers to be seen. Near the end of the walkway across the lake were two large bottlebrush shrubs. Wattle birds were very active looking for nectar. I was struck by how clear the water was and it looked very inviting. I probably should have 'packed' the kayak.

There was evidence of the controlled burn on the northern side of the lake, Ross said there would be a good crop of wildflowers next year. In the unburnt vegetation closer to the lake, we saw many blue Sun Orchids, purple Fringed Lillies, blue Leschenaultias, white Pimelea, one or two red Kangaroo Paws, pink Black-Eyed Susans, and white Trigger Plants, to name a few. Ross poked a stick at the trigger plant flowers to show Neil, Emelyn, and the girls how the little column is "triggered" to pop up and dab pollen on an insect.

There were also interestingly textured tree trunks with very tall Red River Gums growing near the lake and even some large Wandoo further out. As we made our way around the lake you could feel the temperature rising steadily and we were grateful for our water bottles.



Joy with Sun Orchid



Kangaroo Paw

(Story continues over page)



When we got back to the beach area even more people had arrived and some were swimming out to the pontoon. This inland "seaside" with sandy beaches and shark-free water was obviously very popular with the locals. With an ice cream van in the car park, it was an indulgence not to be passed up but due to the heat we had to eat quickly.



We were soon saying goodbye and agreed it had been a lovely way to spend the morning



Lake Leschenaultia is a man-made lake that was used as the largest source of water for the Eastern Railway in the early 1900s. Since 1949 it has been used as a recreation spot and has expanded over the years as tastes have changed. With public swimming pools not existing in the area until the 1960s, many locals learned to swim here.

With walk trails, new mountain bike trails, camping, canoeing, swimming and some of the clearest night skies in Perth, Lake Leschenaultia is an adventure-lover's delight.

Cocktails & Jaffles at Quindanning Racecourse

6 to 8 October 2023

Joy Unno

As I drove down Albany Highway on Friday afternoon, I reflected on the last Cocktails and Jaffles event that I had attended in 2021. That time the theme chosen by the Toyota Land Cruiser Club (TLCC) who were running the event, was “Dr Who”. This time the theme was “Steam Punk” which is a subgenre of science fiction that incorporates retro futuristic technology and aesthetics inspired by 19th-century industrial steam-powered machinery (thanks, Wikipedia) I had based my meaty jaffle recipe on an “Edwardian Shooter’s Sandwich”. This was basically bread with a lot of meat that was squashed flat with a heavy weight and then slipped into the gentleman’s gun bag for lunch.

On arriving at the Quindanning Racecourse, I found a shady spot to put up my tent and went to greet the TLCC members Mark & Fiona (call sign ‘Grumpy’ although they are not) who were the Trip Leaders. Also, present were Sue and Peter, Club Members who had their new Subaru Forester with them plus their Landcruiser which they used to tow their caravan. They had recently been on Mary’s trip to Coalseam. Jo & Stu and Vanessa & Greg were arriving on Saturday afternoon. Mark had rented the whole racecourse facilities which included the ablution block with toilets & showers and several basic kitchen/bar serving areas that had electricity. More people arrived and we went off to have dinner at the Quindanning Inn, 2km down the road. It’s a lovely old pub with lots of dark wood and leadlight windows. The food was well prepared and tasty with large portions.

At 9am next morning we all assembled in a convoy led by Mark & Fiona to do the traditional drive through the tracks in the Muja State Forest, looking for orchids (and other wildflowers). It wasn’t long before Fiona (who has the Orchid Eye) called a halt and we all jumped out to photograph the amazingly large and shiny Purple Enamel Orchids Fiona had spotted. After that there were stops for Cowslip Orchids, fields of pink & white Trigger Plants, Blue Leschenaultia, and bunches of Pink Black-Eyed Susan (*Tetratheca pilosa*). Eventually we pulled into a side-track that led to a wetland area and had morning tea. Fiona handed out her melt-in-the-mouth macaroons and Von had fruit cake. This area was renowned for swathes of yellow and orange Buttercups (*Hibbertia*), plus the Lemon Scented Sun Orchid.



Purple Enamel Orchid



Orange Buttercups



Yellow Sun Orchid

Carrying on down the main track, we stopped for lunch at Treesville – a grassed area with a gigantic fig tree. This was all that was left from a small timber town on the rail line to Mornington that operated a mill from 1923-1956. On the way out of the forest there were many chicken tracks around fallen trees and I was glad I was driving a Subaru as some of the bigger vehicles must have had a tight squeeze around the trees.

[\(Story continues over page\)](#)

However, the heavies had an advantage when we came across a large fallen log and no chicken track around it. We were almost out to the gravel road and it was a long way to go back. Hayden had a try at winching the log aside with his pink winch strap but it was too heavy. So, everyone looked at me and said "What do you think? We can put some maxtraxs down on either side of the log." I said "Sure, I'll have a go." The Toyota in front of me drove over the log and knocked a bit of wood off the knot in the middle.



Then away I went, up the maxtraxs. Got stuck a bit at the top (that darned knot) then planted my foot and drove down the other side.



Everyone cheered until Darren picked up a long piece of black plastic that had been ripped off (it was the RH undercover, there for streamlining purposes). I checked the body work & underneath the XV, no damage or leaks, so I didn't care.



Mark was very apologetic about the damage but I was chuffed the XV got over the log and we didn't have to turn back - Yay!

Back at the racecourse, we began preparing for the Cocktails & Jaffles event to be held that night. Mark & others built up the camp fire to produce the hot coals necessary for jaffle cooking and the empty jaffle irons were laid out on a wooden bench. By that time Jo & Stu, plus Greg & Vanessa had arrived and set up their tents.



At 5.30pm we assembled for a group shot in our Steampunk costumes which largely consisted of corsets & lace for the ladies and white shirts & black trousers (some with coats & top hats) for the gentlemen. Various cog wheels and bronze glasses were added (with hot glue guns) as accessories.



Chief jaffle wrangler

Then it was down to business as the first jaffle assembly began with the “Chicken Track” jaffle from one of the TLCC’s teams. Main jaffles came out every half hour and dessert jaffles every hour. Steam Subaru (Jo, Stu & Me), were third in the lists after the chicken jaffle and the chilli mince jaffle. My “Funky Punky Jaffle” was not a minced filling but consisted of layers of cheese, prosciutto, bacon, and Hungarian Salami with Djon mustard, pesto, and tomato sauce spread in between. Soon it was our turn to take over the assembly table and make 12 jaffles. Then it was on to the hot coals and Stu was the man in charge of that, even though he nearly had his eyebrows and fake moustache singed off! It took a little while as I think the coals were losing their mojo but the good side was our jaffles were not black & burnt as we unloaded them onto the serving platter and then handed them out for taste testing.



Unburnt Subaru jaffles



Cogtails



Pizza jaffle construction

Jo produced a tasty gin & watermelon cocktail with fruit skewers which we called the Cog-tail Fizz. Jo & Stu had slaved over the hot glue gun, sticking black top hats and numerous small cog-wheels onto the top of the skewers. It looked pretty cool and attracted a lot of attention.

Greg and Vanessa were in a different team and produced pizza jaffles with various fillings. Very innovative. I liked the seafood one best. Later in the night, Jo’s dessert jaffle came out – we called it “Zesty Vesty” and it was made from lemon curd, almond meal and chocolate sauce.

We were a very merry lot with all the cocktails to drink and jaffles to taste and the party continued until 11 pm. Mark urged everyone to fill out the score sheet with a mark from 1 to 10. He would add up the scores and the 2023 Steam Punk Cog Trophy would be presented at 9 am on Sunday morning before we went for another forest drive.

[\(Story continues over page\)](#)



In the morning I awoke to find that Vanessa was unwell with a gastric thing so I got some Gatorade from Stu and gave Vanessa a peppermint tea bag for later. She was going to rest in the tent. Everyone else went up to the bar area for the big presentation and guess what, WE WON! Yes, team Steam Subaru took out the best Main & Dessert Jaffle, earning the most points overall. The Cog Trophy was a little platter with cog wheels glued on it but still, WE WON! Go Subaru!

Team Subaru wins trophy

Then it was off to another section of State Forest and more lovely orchids and other wildflowers. On the way back, others returned to the racecourse but I had packed up and after saying goodbye, continued on to Perth. Many thanks to my Subaru team mates and thanks to the TLCC, especially Mark & Fiona, for organising such a fun and enjoyable event.



“

It was a great weekend.

”



Straight to the Peninsula Part III - Heading Home

7 to 12 August - Jo Norton

Monday morning we said goodbye to Penny and Brenton. Stu and I made our way on the next leg to Streaky Bay up the Western side of Eyre Peninsula. On the way, we stopped at **Colton Bakehouse** for some woodfired treats, then on to some amazing coastal caves, Venus Bay, Murphy's Haystacks and to see the sea puppies (sea lions) at Point Labatt.



Scenes from the drive to Streaky Bay

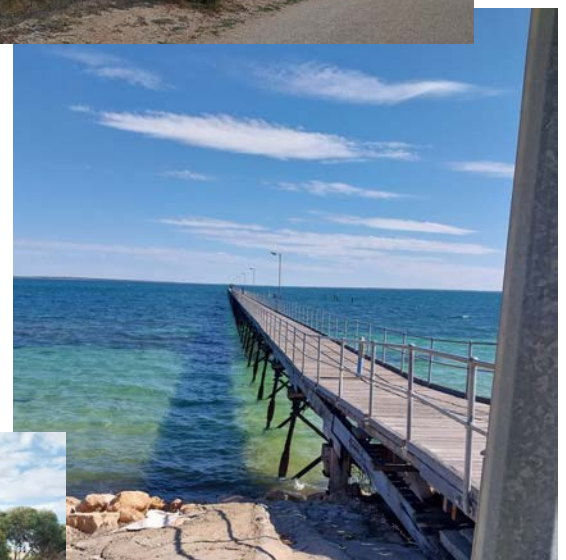
(Story continues over page)

Streaky Bay was a two-night stop so we had a bit of a rest day in the middle. By rest day it meant pjs until 9.30 am and beer o'clock started at 2pm. We did head out on a scenic loop though, and saw some more magnificent coastline. I just don't think you can get sick of it.



Next stop **Fowlers Bay**, with stops in Smokey Bay looking at the Oyster Boats, into Ceduna for a reminder why we don't like towns and Penong to look at the Windmills.

Fowlers Bay is a town of very little but a caravan park, long jetty, and shop but the history of the town is amazing. And the caravan park had a communal fire pit so it was lovely sitting around it chatting with other travellers. There are giant sand dunes encroaching slowly on the town and you could go and explore them but we were on our own and didn't have the time.



[\(Story continues over page\)](#)

It was then time to start the long drive home. Next stop **Balladonia**. The caravan park was one of the most expensive of our travels but we had toilets and showers. There were two couples around the fire pit late afternoon and we spent the afternoon and evening there with them laughing hard. We all decided cooking was too hard after a few drinks so take away from the road house it was. That night was our first decent rain of the trip. This was expected so for our next stop in Southern Cross, we had accommodation booked.




Then it was home to Perth. A fantastic 7959.7 km round trip.

The three weeks of this trip flew past but also seemed to take much longer. The three of us travelling together had a ball. The flexible itinerary with nothing pre-booked, made for a super relaxed trip. And the great weather. I don't think anyone could plan a trip in the southern part of Australia in the middle of winter and have blue skies just about every day. It may have meant some mornings of ice but it was totally worth it.

Those that didn't come on this trip missed out, but happy to share more details if it's something you want to consider in the future.

Trips & Socials

Please refer to the club website for all dates & details

 <https://www.subaru4wdclubwa.au/>

UHF radios are required for all club trips. They can be hired from the club by indicating on the website when you put your name down for a trip or by contacting trips co-ordinator Adrian on 0424 723 558 or email trips@subaru4wdclubwa.au

DECEMBER 2023

CHINGARRUP WEED WACKING
01 - 04 DECEMBER

CLUB CHRISTMAS PARTY
02 DECEMBER



JANUARY 2024

 LEDGE & LANCELIN BEACH
14 JANUARY

BEAUTIFUL BEACHSIDE BREAKFAST
OCEANS 27
20 JANUARY

SUN, SURF & SQUEAKY SAND IN
ESPERANCE
26 JANUARY - 2 FEBRUARY

FEBRUARY 2024

WEDGE ISLAND
18 FEBRUARY

APRIL 2024

4WD ASSOCIATION GATHERING
& EXPO 2024
19 - 21 APRIL

MAY 2024

CAMPING, COOKING & DEMO
WEEKEND
19 - 19 May

EOI

GIBB RIVER ROAD
08 JUNE - 03 JULY 2024

EOI

THE TOP, THE TIP & THE TRACK
03 JULY - 31 AUGUST 2024

SEPTEMBER 2024

QUAALUP QUEST - THE SEQUEL
21 - 23 SEPTEMBER



The Club is running trips for members in accordance with the latest advice issued by the WA State Government COVID-19 Guidelines.

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CLUB MERCHANDISE – buy items at meetings



Bisley khaki 100% cotton long sleeve shirts (Mens and Women's sizes) are available at a subsidised cost of \$40 with logo (but no name) and \$45 with logo and name.

If you buy a shirt from Club stock with no name, you can have your name added later by taking the shirt to Hip Pocket in Balcatta and having it embroidered (on the spot if you ring first) at a cost of \$9.



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JBsWear Full Zip Polar Jackets (in Mens and Women's sizes) with logo (to be added) are available for \$36.

Details: 100% polyester for durability; 290gsm low pill polar fleece; 2 front pockets; and adjustable elastic hem with toggles.



Cap – royal blue and white. Logo to be added. Cost tba



History Books – reduced to \$10



Royal blue and white ("Podium Bold") 100% polyester polo shirts (with pocket) are available at a subsidised cost of \$15.



Club stickers \$3



\$5



Navy blue beanies – \$9

The supplier of all Club clothing items is Hip Pocket Workwear & Safety, Balcatta.



Flat pack neoprene can coolers – \$5

CHINGARRUP WEED WHACKING

1-4 December 2023

Chingarrup Sanctuary is a privately owned bush block, an approximately five-hour drive southeast of Perth at Boxwood Hill (~ 40-minute drive East of Bremer Bay). Eddy and Donna, with the help of hundreds of volunteers, have revegetated the former farm property which now hosts 550 plant species and more than 730 species of mammals, birds, reptiles, frogs, and invertebrates. This includes Honey & Pygmy Possums, Black-gloved Wallabies, the Western Whipbird, Purple-crowned Lorikeets, and Mallee Fowl.

Now Eddy & Donna are asking for volunteers to tackle an outbreak of Spear Thistle and Fleabane weeds. Volunteers will work in the morning before it gets too hot, and/or late in the afternoon, with the rest of the time available to do fun things such as birdwatching, visiting the Corackerup Ochre Cliffs for a swim in the Corackerup Creek which is quite deep and beautiful for a swim, or any other relaxing activity.



Ochre Cliffs



Spear Thistle



Fleabane

**Volunteers
needed**

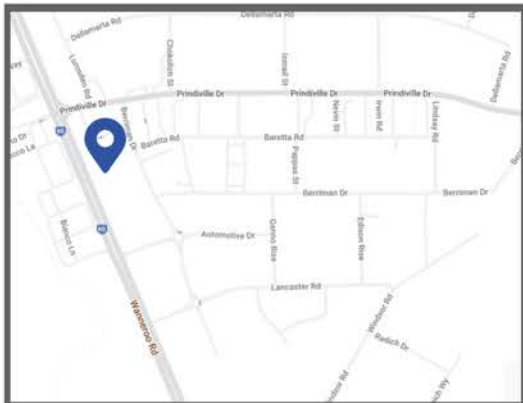
**More information (& photos) on the trip page on the Club website.
Trip Leader: Joy Unno**

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BEAUTIFUL BEACHSIDE BREAKFAST AT OCEANS 27

Saturday 20 January 2024
(Hint: It's not a bank robbery)

Imagine tucking into a yummy breakfast with convivial friends while gazing out at a spectacular, panoramic ocean view, including the historic wreck of the SS Alkimos. Green lawn spreads out in front of you, leading to a children's playground to one side. Very relaxed oceanside vibe.

Oceans 27 restaurant is in Shorehaven, a coastal residential section in the northern Alkimos suburb, about 12 km South of Yanchep. The SS Alkimos was a Greek-owned merchant ship which was wrecked on the coast north of Perth, Western Australia in 1963. Only part of the engine stack is visible now. There is also The Shore Bar which serves drinks and cocktails to Oceans 27 diners.

In front of the lawn area is Shorehaven Beach featuring pristine white sand with crystal clear water. Shorehaven Beach has basic amenities, including bathroom access and showers, but visitors should note that there are no lifeguards on duty, and dogs are not allowed. Swim at own risk.

[Join the trip on the Club website or contact Joy on 0429 4737 09.](#)



Subaru 4WD Club of WA Member's offers

10% off

your next service*



exclusive
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Subaru
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ALL-NEW SUBARU OUTBACK

ALL-WHEEL DRIVE

Turbocharged



Symmetrical AWD



2.4L Turbocharged
Boxer Engine¹

2,400kg
Braked Towing
Capacity²



11.6" Touchscreen

Subaru Outback AWD Touring XT

turbocharge your next adventure

With over 25 years of back-to-back innovation, Subaru's most technologically advanced SUV is set to supercharge your adventures. Introducing the all-new Subaru Outback AWD Sport XT and Outback AWD Touring XT, boasting a new 2.4-litre turbocharged horizontally-opposed Boxer engine¹. Pushing out more power and torque, the turbocharged Boxer engine boasts an impressive braked towing capacity of up to 2,400kg².

Celebrate the new towing capability, and go anywhere Symmetrical All-Wheel Drive, while curating your drive via the 11.6" touchscreen with wireless Apple CarPlay[®] and Android Auto[™] smartphone connectivity³ standard across the range. The Subaru Outback AWD Touring XT redefines comfort and luxury with Nappa leather⁴ accented seat trim. Pre-order Subaru's flagship SUV now and discover more power to explore.

Visit your local Subaru Retailer.

1. Subaru Outback AWD Sport XT and Outback AWD Touring XT feature a 2.4-litre turbocharged Boxer engine. 2. Towing capacity is subject to regulatory requirements, tow bar and vehicle design and towing equipment limitations. If the towing mass is greater than 2,000kg, an Electric Brake Controller must be fitted and is only capable of towing a trailer with a maximum of 2 axles. Requires fitment of optional tow bar accessory. Refer to Owner's Manual for towing instructions. For further information, ask your local Subaru Retailer. 3. Compatible Apple[®] or Android[™] device required. 4. Nappa Leather seat trim only available on Subaru Outback AWD Touring XT only.





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