



CAPTAIN ADRIAN AND HIS FLEET OF SUBARUS!  
4WD VEHICLE TRAINING AND RECOVERY DAY PAGE 14

## SUBARUS SHINE IN THE SAND!

### JULY -THE SAND DRIVING MONTH

Starting with the 2nd of July Training and Recovery Day, the Gnangara Pines Perambulation & Walyunga Picnic on 16 July, followed by the Lancelin Dunes extravaganza on 23 July, the Club has launched their Subarus into the sand (sometimes literally), embracing the outstanding capabilities of their vehicles to traverse sandy, boggy, and hilly terrain.

This much fun has not been obtained without the expert training and advice provided by our Professional 4WD Trainer, Adrian. We are lucky to benefit from his large experience of 4WD driving and his knowledge of more ways to do recoveries than you have had hot dinners.

Want more sand driving? Look out for our Annual Beach Run to Myalup/ Preston Beach in November and the Beach Run North to Seabird, Ledge Point or Wedge Island in January 2024. You'll be surprised what you can do in a Subaru!

AUGUST 2023

## This issue:

LOGUE BROOK DAM

4WD TRAINING &  
RECOVERY DAY

FIDDLES N NIBBLES

GNANGARA PINES  
PERAMBULATIONS &  
WALYUNGA PICNIC

UPCOMING TRIPS & MORE!

BRENDAN REED VISITS THE  
SUBARU 4WD CLUB WA  
PAGE





## 2021/22 Committee

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ROB GRIFFITHS

# President's Report

David Peck

## Presidents Report August 2023



Firstly a big thank you to Brendan Reed for his informative talk and for bringing the Outback XT to last month's meeting.

Thank you to the members who turned up at the July meeting to enable us to have a quorum as we needed to get approval to buy a new laptop for the editor.

For those not at the meeting we have some FREE CPR training happening on September 2nd. "The Heart Beat 45+ community education course is specifically designed for adults who would like to learn more about how to respond in an emergency. This training session covers first aid and CPR including cardiac arrest, sunstroke, choking, hypothermia, shock and bleeding, and bites and stings." **Please note that Heart Beat 45+ is a community education initiative only, not a qualification course.**

Thanks also to Joy for the idea of mentioning that July has been the Month of Sand Driving. With Adrian's Recovery Training Day, Joy's Gnangara Pine Perambulations and Adrian's Lancelin trip.

The trip calendar is filling up again with lots of trips being added, so have a look at the website and put your name down.

**Cheers,  
David**

### DISCLAIMER

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# SUBARU AUSTRALIA JULY GM PRESENTATION BY BRENDAN REED

Brendan Reed, Business Manager for Subaru Australia WA & NT, was our Guest Speaker for the evening. He gave an entertaining presentation celebrating Subaru Australia's 50th Anniversary in Australia. He recounted his own history with motor sports (starting with his parents) as well as the first sale of a Subaru car in 1973.

Farmers loved the renown Brumby ute but other models did not become popular in the general population until the rally success of the all-wheel drive WRX (which stands for World Rally Experimental) in 1992 and Subaru introduced the WRX in Australia in 1994.

Other models followed including the most popular Forester and culminating in the introduction of the new 2023 Crosstrek (replacing the XV) and the Outback Sport or Touring XT. There was some discussion of the new Solterra, the Subaru all-electric SUV. Brendan said that there were global logistics and supply chain issues (especially for computer chips) that were blowing out wait times for the new electric cars.



Club members enjoyed meeting Brendan, listening to his talk and watching him get a Club cap

After the talk, David thanked Brendan and gave him a Subaru 4WD Club WA Cap and stubbie holder. Then we rushed outside and enthusiastically inspected the new Outback turbo that Brendan had brought along to the meeting. Outbacks have always been comfortable cars but this one was large and luxurious and was very good for towing caravans, etc. The turbo on the Boxer engine was impressive as well.

Before departing, Brendan gave the Club two Subaru Australia banners for our meetings and trips. Happy 50th Anniversary Subaru Australia!



## Trips & Socials


Please refer to the club website for all dates & details  
[www.subaru4wdclubwa.asn.au](http://www.subaru4wdclubwa.asn.au)

New members are advised that UHF radio's are required for all club trips.

They can be hired from the club by indicating on the website when you put your name down for a trip or by contacting trips co-ordinator Adrian on 0424 723 558 or email [trips@subaru4wdclubwa.au](mailto:trips@subaru4wdclubwa.au)

### AUGUST 2023

**GOING THE GRANITE WAY**  
12 - 13 August Ross Mead

 **LOOKOUTS, LAKE AND LUNCH  
MIDWEEK DAY TRIP**  
17 August Stephan Millet

 **BOLD PARK WILDFLOWER WALK**  
20 August Joy Unno

**FLOWER FROLIC AT COALSEAM**  
25-28 August, Mary Roberts

### SEPTEMBER 2023

 **HEART BEAT CPR TRAINING**  
02 September

 **YANCHEP INN LUNCH**  
10 September Joy Unno

**GATHERING OF THE CLANS AT KULIN**  
23 - 25 September Adrian Longwood

**JAUDI & HELENA AURORA**  
23 - 28 September Ross Mead

### OCTOBER 2023

**WANDOO CLEANUP & O/N CAMP**  
7 - 8 October David Peck

**LAKE LESCHENAULTIA LOAFING**  
15 October Joy Unno

**KAARAKIN CLEANUP DAY**  
22 October

 **ANNUAL DINNER PINGELLY**  
28 October

### NOVEMBER 2023

**PERTH 4WD SHOW**  
10 - 12 November

 **ANNUAL GENERAL MEETING**  
14 November

### DECEMBER 2023

**CLUB CHRISTMAS PARTY**  
02 December

### JANUARY 2024

**BEACH RUN NORTH**  
14 January

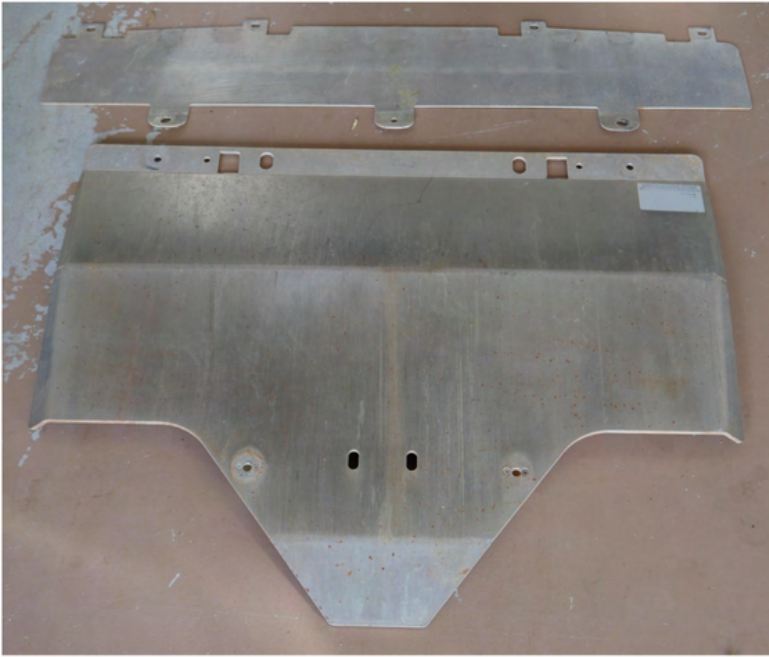
### SEPTEMBER 2024

**QUAALUP QUEST - THE SEQUEL**  
21 - 23 September



The Club is running trips for members in accordance with the latest advice issued by the WA State Government COVID-19 Guidelines.

# FOR SALE



SubaExtreme aluminium sump guard/bash plate to fit Forester (SK) 2019 - Current

**\$275**

## Having a garage clear out

OFFERS for all below - half to go to the RFDS



Genuine Subaru used rubber floor mats to fit Forester 2019 -



5x100 16" steel rims with old Toyo A/T 215/65 R16 Qty 2



5x100 16" steel rims with old Cooper 215/65 R16 Qty 4



Lockable aluminium roof box (needs 'U' bolts to roof bars)



Pair of steel ramps



Subaru boot organiser fits 1997-2002 Forester

Keith W - 0413 266 245

# TRIP PROMOS

## HEARTBEAT 45+ CPR REFRESHER SATURDAY 02 SEPTEMBER



Royal Life Saving WA's Heart Beat 45+ community education course is specifically designed for adults who would like to learn more about how to respond in an emergency and refresh their resuscitation skills.

This 2-3 hour training session covers first aid and CPR including cardiac arrest, sunstroke, choking, hypothermia, shock and bleeding, and bites and stings.

Please note that this is not a qualification course and you will not receive a Statement of Attainment on completion.

We need a minimum of 10 and a maximum of 20 people for this course, and the majority of the attendees need to be over 45.

At this stage this is open to full members only

There is no cost as it is part of a community education course, for which we have a grant.



<https://royallifesavingwa.com.au/news/education/>

## YANCHEP INN SOCIAL LUNCH SUNDAY 10 SEPT

Join us for a convivial Social Lunch at the historic Yanchep Inn located in Yanchep National Park.

There's a NP entry fee but it is worth it to enjoy the beautiful surrounds and visit the koalas.

## LOOKOUT, LAKE & LUNCH DAY 17 AUGUST

DAY  
TRIP

This day trip is another one of Stephan and Hannah's very popular **Mid-week Day Trips** on the lovely Darling Scarp.

It combines a drive through scenic hills, farmland and bushland, a walk to the beautiful **Wooroloo Brook waterfalls**, a visit to surprising **Lake Leschenaultia** and ending up at the historic **Chidlow Tavern & museum** for a pub lunch.

Wooroloo Brook Falls

# Writing a Trip Report

Vanessa Carn



On each trip the leader will ask one or more of the members to write a report. If you can't write the report assigned to you, please let the trip leader know. Otherwise, send your trip report(s) in to the trip leader to review and collate as soon after the trip as you can.

Trip leaders please **include photos** with collated reports if you can. Send photos as **separate files**, or send a link to your cloud image storage (eg Dropbox) to share them. Do not embed them in the trip report document(s) as the image quality is reduced if you do.



## Things to include with your report(s):

- Your name
- The trip name
- The date and day of the trip
- Photos - Please name & date all images

Thank you all for your help  
to capture and share our story!



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# TRIP PROMOS



## GOING THE GRANITE WAY 12-13 AUGUST



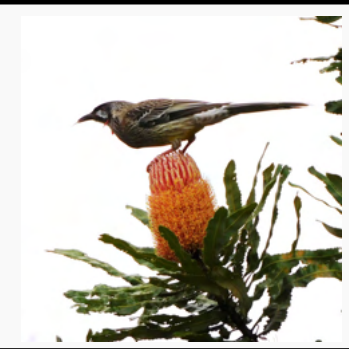
JOIN ROSS FOR AN EASY DRIVE EXPLORING ON A JOURNEY TO SOME OF THE MOST AMAZING AND ICONIC GRANITE ROCKS IN THE WHEAT-BELT AROUND THE TOWN OF QUAIRADING EAST OF YORK.

WE WILL CAMP OVERNIGHT AT THE KWOLYIN CAMP SITE SET UP AND MAINTAINED BY THE SHIRE OF QUAIRADING BEFORE COMPLETING OUR EXPLORATIONS AND RETURNING TO PERTH THE NEXT DAY.



## BOLD PARK FLORA & GEOLOGY WALK 20 AUGUST

DAY  
TRIP



Joy will lead you on an pleasant one and a half hour morning walk through the Bold Park **unique bush reserve**, pointing out features of interest including how the diverse geology of the area results in increased biodiversity and different plant communities.

More information on the Club website.

## JAUARDI AND HELENA AURORA RANGES 23-28 SEPT



Jump on this extended Sept LWE trip with Ross for the opportunity to see the spectacular ironstone formation Helena and Aurora Ranges 100km north of Southern Cross.

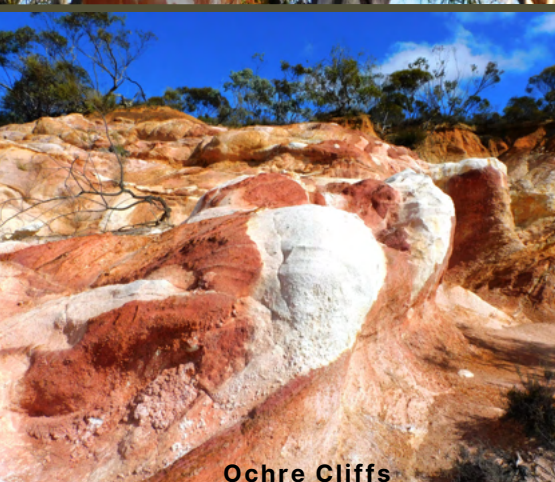
The Ranges are soon to be made into a National Park.

Drive through the amazing trees of the Great Western Woodlands, the largest remaining area of intact Mediterranean climate woodland left on Earth.

Visit Jaurdi Station Homestead a former pastoral lease now managed by DBCA.

**This trip will be up on the website end of July.**

## CHINGARRUP SANCTUARY BIRTHDAY BBQ 23- 25 SEPTEMBER LWE



Ochre Cliffs

Nature conservationist, Eddy Wajon is inviting us to celebrate his 70th birthday at Chingarrup Sanctuary, a rehabilitated bush block 60 km north of Bremer Bay. Bush camping is free on the property (bring your own chemical toilet) or there are other accommodation options nearby.

There will be tours of the Sanctuary and other activities. See the website for more information.

Joy

# TRIP PROMOS

## ANNUAL DINNER 28 OCTOBER 2023

This trip is not yet on the website but is coming SOON!

The Subaru Club Annual Dinner is the Premier social event of the year where members get together to eat, oh, and also celebrate the special efforts of members (either good or just silly), and hand out Awards for the best trips and trip leaders.

All Members are encouraged to VOTE for the Club Awards.



### What Are the Award Categories?

1. Club Member of the Year
2. Trip of the Year
3. Trip Leader of the Year
4. Social Trip of the Year
5. Social Trip Leader of the Year
6. Other or Silly Awards



### How To Vote

At the bottom of every Trip Page on the Club website there is a **Nominate For An Award** button. click on that to nominate either the trip or the trip leader. If you log into the Members section on the website, to the right of each member's name is a small blue trophy icon 🏆 Click on that to vote.

Or email the Secretary with your vote. The Secretary is the one who tallies the votes and all votes are anonymous to other members.

### What is the judging criteria, you may ask?

Club Member of the year is awarded to a person who has made a notable contribution to the Club's activities during the year, e.g. served on the Committee or other position, been Trip Leader for lots of trips, arranged events, etc. Or it could be a newish member who has stepped up and been very active in the Club.

Trip or Social Trip of the Year is the trip (or social) that most members vote for as being the best trip. You don't even have to have gone on the trip to vote for it if you think it is a great trip. Same with the Trip or Social Trip Leader of the year, whoever you think did a fantastic job of it.

Other or Silly Awards are given for positive, silly, funny or weird things people do on trips. The funnier or more heart-warming the better. **SO START VOTING NOW!**

**KULIN**  
**23-25 SEPT** Gathering of the Clans

A long weekend at Camp Hart near the Wheatbelt town of Kulin hosted by the 4WD Club of WA

TICKETS \$52 PER VEHICLE

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### GATHERING OF THE CLANS

A Long weekend in the Western Australian Wheatbelt near the town of Kulin at Camp Hart. Hosted by the 4WD Club of WA. Gathering the Clans for a weekend of activities, talks and touring around Kulin, come for the company and enjoy the camping at Camp Hart.

There is a cost of \$52 per vehicle to cover camping fees, the communal breakfast on the Monday morning and other items and any money left over will be donated to the Shire of Kulin to be used for a charity or similar for children. Details on the Club website

It was promising to be quite a wet Saturday and indeed was raining when we all met up in Armadale. Tony had driven the track earlier in the week and had then consulted with Ross to make some modifications. Some road closures and tracks not quite fit for newbies and unlifted vehicles like mine. The decision was made to travel Scarp Rd from start to finish. Tony, David, Rob and I set off first for Byford to collect 5 year old Jack, Tony's grandson for his first camping overnighter with Grandpa and then down along Kingsbury Dve to the lookout.



Foggy lookout near the monastery off Kingsbury Dve



Rob going to Dirk Brook waterfall



Jack investigating

Morning tea was at the Dwellingup Visitor's Centre/ Caravan Park where we got to know each other better over coffee and cake.

A bit more driving took us down to Lake Navarino/Waroona Dam. The highlight here were the 28s that came to check out what was for lunch and the massive puddles on the dam wall that delighted Jack spraying right up as we drove through. I have to admit I'm quite partial to driving through puddles as well.



Rob, David, Tony, Jack and Uta



We headed off to Logue Brook but found a few tracks closed courtesy of the Water Corp so it was a pretty gentle drive in the end.

After I finished setting up camp, David and Rob wanted to go exploring to find some decent bush tracks so we left Tony and Jack to it and headed for the power lines.

The rain had eased so we were keen to get a fire going only the shop had shut an hour early and we couldn't buy any firewood. Luckily another set of campers heard us telling Jack we were going to have to pass on the fire and drove down a generous heap of fire wood they had collected saying the young chap couldn't miss out on a campfire!

Jack kept me busy with running races until dinner which gave Tony a chance to finish off tent set up and get dinner ready.



Sitting in front of the fire was a great way to end the day.

We woke to a nice crisp morning and after packing up made our own way back home.



## TRIP RECIPES - UTA'S TAKAKA OATY GINGER CRUNCH

During lunch at the Training & Recovery Day, Uta shared a favourite recipe that she had from a Kiwi friend:

<https://www.foodlovers.co.nz/recipes/takaka-oaty-ginger-crunch.html>

Uta dropped the sugar to 3/4 of a cup/roughly 90 g and also didn't use the glacè ginger which she's sure Adrian will thank her for. That's a whole lot more ginger. She used soft brown sugar, what some of you might call brown sugar, is in fact raw sugar.

Otherwise this is basically an Anzac biscuit with ginger and icing. So if you have a favourite Anzac biscuit recipe you can use that.

Happy baking. You can thank the Kiwis Bye Uta

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1. Subaru Outback AWD Sport XT and Outback AWD Touring XT feature a 2.4-litre turbocharged Boxer engine. 2. Towing capacity is subject to regulatory requirements, tow bar and vehicle design and towing equipment limitations. If the towing mass is greater than 2,000kg, an Electric Brake Controller must be fitted and is only capable of towing a trailer with a maximum of 2 axles. Requires fitment of optional tow bar accessory. Refer to Owner's Manual for towing instructions. For further information, ask your local Subaru Retailer. 3. Compatible Apple<sup>®</sup> or Android™ device required. 4. Nappa Leather seat trim only available on Subaru Outback AWD Touring XT only.



# 4WD VEHICLE TRAINING AND RECOVERY DAY 02-07-23

JOY UNNO

Our learning experience began right there in the service station on Gngangara Road, even before we had gotten into the pine plantation. Ten cars and 12 people had turned up on a chilly but fine morning to refresh/and or learn new skills in off-road vehicle recovery situations.

Adrian, our very experienced mentor, got right down to it, literally, as we soon were on our knees peering under the cars to locate tow points. It was a surprise to discover that the newer XVs including my 2017 model, only had two tie-down points in the front.



Adrian showed us the tow pin that came with the car but recommended that rated tow points and tow hitches were to be preferred for towing or snatch recoveries. Adrian's Forester has an impressive double hitch front tow bar, good for bridles which he would explain later.

After a last pit stop, we jumped in our cars and drove the short distance to Gngangara Pine Plantation



Driving along the sandy tracks, the first thing that people noticed was the incredible amount of dumped rubbish. Old chairs, couches, rusty fridges, stoves, umbrellas, junk. Sadly, some people were not trained by their parents to put rubbish in a bin. A mob of kangaroos were spotted by the lead cars but soon hopped off into the trees. We stopped along a flat bit of track to air down our tyres. Like some magician pulling rabbits out of a hat, Adrian whipped out his vast collection of tyre deflators. I had my Straun automatic deflators set to 15 psi but I was very interested to see newer models that had graduations marked on them, making them easier to set a desired psi.

While waiting for the tyres to deflate, Uta showed me her heavy duty jump start leads. They looked like they could jump start a truck :)

Continuing on, we negotiated the very boggy entrance track and small dune into the Gngangara Bowl. Lining up in the centre, we faced the series of tracks climbing the sand dune. Under Adrian's instruction, we had braked as hard as we could, embedding our cars into the sand.



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# 4WD VEHICLE TRAINING AND RECOVERY DAY cont....

Adrian then gave us a talk about how to get our cars out of a bog, first by driving backwards and forwards, then by digging with a shovel and pushing. If all that fails then recovery tracks (and more digging) are employed. He showed us the importance of tyre pressures as he invited people to try the hill climbs. Of course, people bogged (and we got to practice all the digging and tracks recovery). Then Adrian told us to lower the tyre pressures to 10 psi and try again. Well, what a difference! All those who bogged previously were able to power up and over the dune.

We had to remember to turn off Traction Control which may be useful in slippery wet or icy road conditions but hinders hill climbs in the sand. Traction Control stops spinning wheels and since the cars bounce as they climb the dunes the wheels are always stopping, however briefly. Speed drops and you are bogged! Guy tried out X-mode going up the hill but that also slows the car so his attempt was unsuccessful. X-mode is great going downhill, especially on a rocky track.



After all this fun, it was time for lunch, where Allison discovered that her camp chair was not rated for sand sitting and we gratefully noshed on Uta's Ginger cookies and Barb's fudge brownies. Adrian talked about the next step - Snatch Strap Recoveries.

Again, he did the magician trick and produced multiple bags and a box of recovery equipment - snatch straps, kinetic ropes, bridles, soft shackles, dampeners, etc.



Then it was our turn to actually carry out a snatch strap recovery and we leapt to it with enthusiasm - filling up the dampener bags with sand, attaching the snatch strap to the tow hitches with soft shackles, etc.

We did however, forget an important bit that Adrian had just told us at lunch - we forgot to tie the dampeners to the snatch strap with the spare bridle. Hastily, we rectified that and watched the successful snatch. My favourite bit is the two "Toot toots" that the snatcher and the snatched have to do to each other indicating they are good to go.

Thanks, Adrian, for a fun and instructive training day!





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Subaru members congregated at Chris & Jim Wilcox's Gnangara home on Sunday morning for the Annual Fiddles n Nibbles Day. Some came with work to do on their cars, taking the opportunity of having experienced Club members at hand to help, along with Jim's well equipped workshop complete with tools and hoist (the Fiddles). Others came for the social morning tea and bbq lunch (the Nibbles). This is a traditional Club trip that has been going on for at least 10 years. Many members have had their cars checked out on the hoist before one of the Club's extended trips up North or to the desert. Lots of second batteries have been wired in to run fridges, LED lights put in, cb radios fixed, rear view cameras installed, sump guards fitted, welding done, awnings or roof baskets installed, etc. First off the rank for the hoist was Uta's White Outback. Uta was doing an oil change assisted by Jim and others.



Adrian had a project to install a water pump on his car to pump water from his pvc pipe water tank on the roof rack. Adrian's car is the off-road vehicle we all dream of - SubaXtreme bullbar, double front tow points, metal front & rear bumpers, lift kit, rear wheel carrier with jerry can holder, not to mention all the interior modifications. Rob had a mission to practice changing a tyre on his XV which he hadn't done before. When he got the wheel off, David gave him a full-sized spare tyre that was on a 16" rim (one size down from the XV 17" rim) and it fitted fine. Now Rob wants a full-size spare instead of the dinky temporary one. Brian and Barb measured up the temporary wheel with the full-sized spare and there is a noticeable difference. Allison attached some larger brackets on her awning.



Morning tea was a great spread as usual enjoyed by all. Keith and Fiona created some interest by turning up in their new 2023 Outback. Keith traded in his Forester as he is interested in more power for towing the caravan.

Thank you Chris and Jim for hosting another successful Fiddles n Nibbles.

SUBARU 4WD CLUB OF W.A. INC.

**CLUB MERCHANDISE – buy items at the meetings**



Bisley khaki 100% cotton long sleeve shirts (in Mens and Women's sizes) are available at a subsidised cost of \$40 with logo (but no name) and \$45. with logo and name. If you buy a shirt from Club stock with no name, you can have your name added later by taking the shirt to Hip Pocket in Balcatta and having it embroidered (on the spot if you ring first) at a cost of \$7.



Royal blue and white ("Contrast") polyester/cotton polo shirts (with pocket) are available at a subsidised cost of \$15

JBsWear Full Zip Polar Jackets (in Mens and Women's sizes) with logo (to be added) are available for \$36. Details: 100% polyester for durability; 290gsm low pill polar fleece; 2 front pockets; and adjustable elastic hem with toggles



Cap – royal blue and white. Logo to be added. Cost tba



History Books – reduced to \$10



Royal blue and white ("Podium Bold") 100% polyester polo shirts (with pocket) are available at a subsidised cost of \$15.



Embroidered Badges – \$5



Club stickers \$3



Navy blue beanies – \$9

The supplier of all Club clothing items is Hip Pocket Workwear & Safety, Balcatta. [www.hippocketworkwear.com.au](http://www.hippocketworkwear.com.au)



Flat pack neoprene can coolers – \$5



# GNANGARA PINES PERAMBULATIONS & WALYUNGA NP PICNIC

16 JULY REPORT BY ANN MANIFIS

It was a beautiful sunny yet cold morning where 7 Foresters joined our fearless trip leader Joy (the only XV in the group) at United Petrol on Gnangara Road. After a quick briefing and pit stop we headed to the Gnangara Pines Plantation at a leisurely pace.

The tall pine trees provided a pleasant backdrop as we cruised along the sandy tracks, but we couldn't get over the amount of rubbish that sadly has been dumped. Within about 10 minutes we aired down to 15 PSI and headed off – kangaroos were spotted within the first 30 minutes – score! They all stared us down as we drove on past, especially one of the big males.



A fallen tree on the track didn't deter us, we took the chicken track that led us up to our first little dune and then arrived at the Bowl. We aired down to 12 PSI as many commented that the sand was more boggy than the Training Day last week. The plan was to stop for morning tea, but we all wanted to have some fun, drive through the dunes, and test our skills.



Ben was the first to get bogged for the day – a quick shovel, tracks and a push from Joy and Mark he was out in no time and successfully got over the dune. Others followed but were easily extracted with some digging and recovery tracks.



Everyone was giving the dunes a go and having fun when Joy called time as we had a schedule to keep to! We all left with smiles on our faces and Maria and Mark both had rattling and clunking happening but drove on. (Report continued Page22)



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# SNATCH KIT GUIDE

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### Choosing The Correct Strap

- THERE ARE 2 TYPES OF STRAPS:
  - FLAT SINGLE LAYER (20% MAX STRETCH)
  - DUAL LAYER ROUND BRAIDED NYLON (30% MAX STRETCH)
- STRAPS SHOULD BE 2-3X THE 'GVM' OF LIGHTER VEHICLE IN THE RECOVERY
- YOU SHOULD ALWAYS CARRY A STRAP SUITED TO YOUR VEHICLE
- DUAL LAYER ROUND ROPE STRAPS HAVE A VERY LONG SERVICE LIFE AND HIGHER ELASTICITY THAT REDUCES SHOCK LOADS

### Choosing The Right Bridle / Equaliser

- BRIDLES DISTRIBUTE THE LOAD ACROSS 2 POINTS
- RECOVERY POINTS LESS THAN 750mm APART CAN USE 2.5/3M LONG BRIDLES
- RECOVERY POINTS MORE THAN 750mm APART SHOULD USE 5m OR LONGER BRIDLES
- BRIDLES DONT NEED TO STRETCH AND JUST NEED ANY RATING OVER OVER 6000KG MBS
- BRIDLES AND TREE TRUNK PROTECTORS ARE SIMILAR
- TREE TRUNK PROTECTORS (WIDE STRAP) ARE BETTER AS A TREE TRUNK PROECTOR IF YOU'RE DOING A LOT OF WINCHING. YOU MAY NEED A BRIDLE AND A TREE TRUNK PROTECTOR



### Choosing The Right Shackle

- METAL SHACKLES ARE RATED IN WLL WITH A MBS OF X6
- SOFT SHACKLES ARE RATED IN MBS
- NEVER USE 'D' SHACKLES IN 4WD RECOVERY SITUATIONS
- SOFT SHACKLES ARE SAFER, LESS DAMAGING TO PEOPLE AND VEHICLES. THEY FLOAT IN WATER AND THERE'S NO PIN TO LOSE
- SOFT SHACKLES ARE NOT SUITED FOR SHARP EDGES OR THIN FLAT STEEL CONNECTION POINTS. THEY NEED LARGE CURVED RADIUS EDGES TO BE SAFELY USED.
- YOU MAY NEED A COMBINATION OF METAL AND SOFT SHACKLES TO SUIT YOUR VEHICLE AND POSSIBLE RECOVERY SCENARIOS
- TAKING SPARE SHACKLES IN YOUR KIT IS HELPFUL IN CASE ANY ARE LOST OR DAMAGED

# GNANGARA PINES PERAMBULATIONS & WALYUNGA NP PICNIC

We carried on driving and went for a quick walk to check out a small dune before driving over it. Joy said the purpose of this hill climb was to practice controlled driving through a narrow track lined with trees and negotiate tight corners. We arrived at Silver Road and pumped our tires to 18 PSI then travelled along Warbrook Road and saw a glimpse of the hills.

We then pumped up the tires to highway pressure and made our way to Walyunga National Park – enjoying the scenery of cows, sheep, horses and random traffic lights!



We all stopped for a picnic lunch at the picnic benches (it was as though Joy had reserved them for us all) and enjoyed a casual lunch. We finished up about 1.30pm and most of us took a leisurely walk to Syd's Rapids Trail to enjoy the rapids and beautiful winter sunshine. Great day had by all





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