



Official Newsletter of the Subaru 4WD Club of WA

JANUARY 2022

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Guest Speaker Eddy Wajon Chingarrup Sanctuary - Honey Possum Heaven

FEBRUARY GENERAL MEETING

In 2002 Eddy and Donna Wajon brought a 576 hectare farm property with remnant bushland north of Bremer Bay at Box Hill. They'd initially noted 150 species of flower species and decided to revegetate the cleared areas back to bushland.

It was the first of the properties that were to become the 1000 km long Gondwana Link – a continuous corridor of bushland from the south-west karri forests to the semi-arid woodlands bordering the Nullarbor Plain.

Since then, the Wajon's efforts with the help of hundreds of volunteers has resulted in re-establishing on the property 550 plant species and more than 730 species of mammals, birds, reptiles, frogs and invertebrates. This includes Honey and Pygmy Possums, the Western Whipbird, Purple-crowned Lorikeets, and Mallee Fowl.

Citizen Science projects run on the property involve many activities such as flora surveys, pit trapping for animals and invertebrates, bird counts using mist netting and infra-red camera monitoring of Mallee Fowl mounds. Besides working busy bees, the Wajons also run Family Day fun activities teaching children about the animals and plants in the sanctuary.

Come along to the February General Meeting and hear Eddy tell us about this amazing biodiversity labour of love!

The Club is planning a trip to Chingarrup Sanctuary on the March 2022 long weekend.



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DEBORAH THYNE

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President's Report

David Peck



Cheers

TO THE NEW YEAR

I hope everyone had a good Christmas and New Year.

Thanks to Jo for hosting the Christmas party she puts a lot of work into decorating her place and there is always plenty of good food too.

We have a few trips planned for January which is usually fairly quiet, mainly due to the heat. The beach run at Wedge Island is always popular, and this is a good chance for new members to see how well the Subaru's go in the sand, and a chance to learn what to do if you get bogged.

This year looks like it will be a bumper with the number of trips planned already. It looks like we will be running a couple of trips at Easter, so keep on checking the website to see what's happening.

Some of the trips will have limited numbers, this is done because it can be hard to get a large number of campsites or due to the logistics of having a large convoy.

See you out there
David

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Christmas by the pool

JOLLY



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Christmas by the pool



Mulling at Marrinup

Day One Saturday 16 October 2021

JOY UNNO

After assembling at the BP Service Centre on Kwinana Freeway by 8.30am, six Subarus set off southwards led by Trip Leader Neil. We were heading to a DBCA campsite 5 km from Dwellingup called Marrinup Town Site, the spot where an historical mill town existed from 1910 to 1930.

Turning left into Lakes Road, the convoy passed Murray Field Airport, which I never knew existed, but is a private airfield operated by the Royal Aero Club of WA. The road lived up to its name as we passed some large bodies of water along the way. Passing through North Dandalup, we took Del Park Road into Dwellingup where we stopped to look at the trains, visit the Information Centre, and take advantage of plumbed toilets since the camp site only had one longdrop.



A short drive to the north-west of Dwellingup and we reached the campsite which was already well populated with caravans, camper trailers and tents. The popular camp site is not far from Perth and Mandurah with the Munda Biddi cycling trail nearby so there were quite a few cyclists, trail riders and off-roaders about.

We found an open spot with a picnic table and fire pit near some bushes for most of the cars although Steven managed to score a good location in the forest. After flattening some very healthy-looking weeds to make a space, I deployed my pop-up tent while the others did their swag, tent, and camper trailer set ups. Greg came over to show off his new light-weight camper chair of the type that looks like a weird metal spider with legs hanging down until you click them all into place. Stu took it for a spin and seemed to enjoy sitting in it.



Mulling at Marrinup Prisoner of War Camp

FROM P8



After lunch, Neil led us into the forest along pot-holed and puddled gravel tracks to the Marrinup Prisoner of War Camp No. 16. He had been down previously to do a recce for the trip so he knew where he was going. The Camp was in operation from 1943 to 1946 and housed 1,200 prisoners in separate German and Italian compounds.

Nothing remained of the buildings or structures except cement foundations with helpful identifying signs such as "Shower Blocks", "Meat House" or "Fish Pond". There were the remains of flower beds where the prisoners had laid out stone borders in the shape of playing card suites – Hearts, Clubs, Diamonds and Spades. Over 3500 Italian prisoners passed through the Marrinup camp to other POW control centres and were put out to work on farms in the south west. The 300 German prisoners worked at Marrinup as wood cutters and were strictly guarded.

The prisoners missed their families and social interactions so there were some escape attempts. Escapees made it to the local pub in Dwellingup or to Perth or Northcliffe before being recaptured. The abundance of clumps of yellow and red Cowslip Orchids (*Caladenia flava*) dotted about the area added a more cheerful tone to the relics of a sombre war-time era.





Mulling at Marrinup Marrinup Falls

FROM P9

Next stop was Marrinup Falls on Marrinup Brook where we tackled the 1.3 km loop trail, a Class 3 walk. My keep fit classes must be having some effect as I had no trouble climbing the rocky trail and it was certainly worth the effort. Picturesque carpets of white flowers, possibly Rice Flowers (*Andersonia aristata*), lined the path and a scenic view of forest and distant hills was visible at one spot where the Brook wound its way over granite rocks falls into the valley. Further around the track was a great view of water cascading over a low cliff of black and tan coloured rocks.



Mulling at Marrinup Marrinup Camping

FROM P10

Travelling back over the gravel tracks and muddy puddles (Vanessa & Greg were no doubt happy that they had improved their Outback suspension), we arrived at camp to commence an extended afternoon tea and Happy Hour around the picnic table. I particularly recall the discussion of misheard song lyrics which Tom helpfully informed us were called **Mondegreens**.

A term coined by writer Sylvia Wright when she thought a line in a Scottish ballad went:

***They have slain the Earl of Murray,
And Lady Mondegreen***

when it really was

***They have slain the Earl of Murray,
And laid him on the green.***

One of my favourite ones is

She's got a chicken to ride

instead of

She's got a ticket to ride from the Beatles song.

The cement ringed firepit was loaded with wood and a fire was started. It was quite handy having Vanessa on the trip as photos of our activities were loaded up to the Club Facebook pages whenever we had phone reception. Media activity picked up when Rochelle arrived around 5 pm and demonstrated the setting up of her nifty roof-top tent which was filmed by Vanessa and uploaded. There were lots of Likes and Comments. People then started cooking dinner, all the while serenaded by the loud music coming from the conglomeration of campers and caravaners across the way. They seemed to be having a combined Bucks Party and Hens Night.



Mulling at Marrinup

Marrinup Camping

FROM P11

After dinner the participants in the Inaugural Marrinup Mulled Libation Tasting Competition started brewing their concoctions.

First off the rank was Tom with his Mulled Apple Cider, a lovely golden coloured spiced beverage spiked with rum or brandy and served in glass mugs, which Tom also kindly provided.

I followed up with Swedish Glögg, a traditional spiced red mulled wine, although I used Port instead of Aquavit and the garnishes included soaked raisins, slices of blood orange and mint.

I can't quite remember who came next as my memory was becoming more mulled by the minute but the last two official contenders were Neil with his bracing spiced red mulled wine and Greg with a sweeter red wine mull that had melted chocolate in it. People actually started mixing the two mulled wines pronouncing that they were perfect together. An outsider added to the list of contenders was Steven with his yummy warmed milk and Cointreau winter-warmer. He also provided a freshly camp-oven-cooked, delicious, raisin and banana damper which we happily consumed while tippling. Neil had drawn up a score sheet which was probably perfectly logical in daylight but suffered a bit after everyone was very merry with a few mulls under their belt. Thus, the totalling of the scores was given to the most sober person around (that was, Stu) and a clear winner was your humble servant (that is, me). Truly, it was hard to pick a winner as they were all very good entries. I feel it was the garnishes that may have done the trick!

An outsider added to the list of contenders was Steven with his yummy warmed milk and Cointreau winter-warmer. He also provided a freshly camp-oven-cooked, delicious, raisin and banana damper which we happily consumed while tippling. Neil had drawn up a score sheet which was probably perfectly logical in daylight but suffered a bit after everyone was very merry with a few mulls under their belt. Thus, the totalling of the scores was given to the most sober person around (that was, Stu) and a clear winner was your humble servant (that is, me). Truly, it was hard to pick a winner as they were all very good entries. I feel it was the garnishes that may have done the trick! Neil presented the prize which was a nice bottle of merlot from Willunga SA.

It was a short time later that I retired to bed with ear plugs inserted (the neighbours' music was still going strong).



I can't quite remember who came next as my memory was becoming more mulled by the minute



CHEERS!



Mulling at Marrinup Day Two Sunday 17 October 2021

JOY UNNO
FROM P12

*Thank
you!*

Not too much to tell for this day.

I'd had a sound night's sleep except for being woken once by some 'hot rodders' revving engines. Breakfast was followed by packing up and a visit from the Ranger who collected our camp fees. We duly reported the noisy neighbours and she headed down the hill to see if the hot-rodders were still there.

Steven bid us all farewell, and later the rest of us followed Neil out of the camp site and back to Dwellingup. Greg and Vanessa had a two-kangaroo encounter on the track out but we weren't travelling fast and the roos hopped off, hopefully only slightly damaged.

In Dwellingup we went our separate ways with some finding a coffee shop and others going to the Sunday Markets. I was one of the market shoppers and stocked up on some native plant seedlings on one stall, then Spicy Tomato Relish on another and finishing with assorted caramel slices from the sweets stall before heading home.

Thanks to Neil for preparing and guiding a wonderfully interesting and enjoyable trip and thanks to everyone on the trip for being entertaining travelling companions.



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Trips & Socials

Please refer to the club website for all dates and details www.subaru4wdclubwa.asn.au

JANUARY 2022

Wedge Island Beach Day Trip
Sunday 16 January
Keith Low & Adrian Longwood

Walpole Wanderings
22 to 26 January
Ross Mead
Waitlist only - contact trip leader

Subaru Olympics
Saturday 29 January
Jo Norton

FEBRUARY 2022

Wandoo Night Drive
Saturday 12 February
David Peck

Fish & Chips by the beach
Sunday 20 February
Jo Norton

Ledge Point Day Trip
Sunday 27 February
Adrian Longwood

MARCH 2022

Zamia Breakfast
Saturday 19 March
Jo Norton
Maximum 30 people

Become a Trip Leader

We encourage you to try your hand at leading a trip!

If you know a place that that you think might be interesting then let us know.

We have all the First Aid and recovery equipment if you need it and can accompany you on your first couple of trips as Tail End Charlie to give you the support and confidence you need.

It's great fun and not dusty up the front!

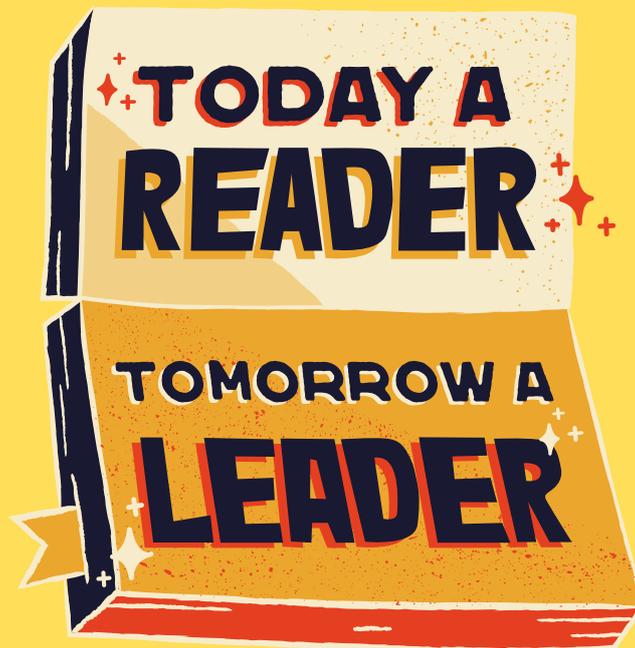
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MAY 2022

Camp Fire Cooking Demo Day
7 to 8 May
Adrian Longwood

Wilbinga Reserve Clean Up & Moore River Camp Out
14 to 15 May
Adrian Longwood

Cruise to Cunderdin
Sunday 22 May
Jo Norton
Maximum 25 people



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Swedish Glögg

Joy Unno

**Do not let the glögg come to a boil!
Boiling or even simmering the glögg
will cause the alcohol to evaporate.
We don't want that!
Bring the glögg up to the point of
simmering and then turn off the heat.**

Cheers

TO THE NEW YEAR

An easy and delicious version of a recipe for classic Swedish mulled wine

Prep Time: 5 minutes

Cook Time: 10 minutes

Rest Time: 2 hours

Total Time: 2 hours 15 minutes

Servings: 6 servings

Calories: 224kcal

Ingredients

1 cup orange juice + peel

1 bottle of nice red wine, dry or merlot

1 bottle of tawny port

⅓ cup firmly packed brown sugar

3 cm long piece of ginger sliced into thin rounds

10 whole cloves

10 cardamom pods crushed

3 cinnamon sticks

½ cup aquavit such as the Linie brand (rum, brandy or vodka will also work)

mint leaves, raisins, and thin blood orange slices for serving



Instructions

1. Remove the peel from the orange using a vegetable peeler and transfer peel strips to a medium saucepan. Cut orange in half and squeeze juice into the saucepan with the peel.
2. Add all remaining ingredients to the saucepan and heat until mixture just comes to a simmer. Cover and remove from heat. Let steep for two to four hours at room temperature. Strain into a clean container. Mixture can be prepared up until this point up to a week ahead and stored covered in the refrigerator until ready to use.
3. When you are ready to serve, return mixture to a saucepan. Add aquavit (optional) and a handful of raisins. Heat but do not boil (boiling will remove the alcohol). Serve immediately garnished with mint leaves, raisins, and thin blood orange slices if desired.





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